
THE CHANGE READINESS WORKSHOP

The Prosperity Trait®: Building Adaptability Through Structure, Systems, and PTi Insight

Powered by the Prosperity Trait Index© (PTi)

Change Readiness isn't about reacting faster or working harder — it's about building the structure, stability, and behavioral consistency that keep leaders effective when the path forward is uncertain. This workshop develops the four measurable Prosperity Trait skills that determine whether change efforts succeed or stall.

Using the Prosperity Trait Index© (PTi), participants assess their current ability to lead change, identify Driving Forces to leverage, and address Points of Friction that can derail progress. Improved PTi scores reflect not just surface compliance, but internal transformation — the belief and behavior shifts that produce sustained adaptability, decision quality, and leadership stability under pressure.

The Change Readiness Workshop equips leaders and teams with repeatable systems, practical tools, and actionable strategies to:

- Move toward challenges instead of avoiding them
- Sustain momentum through the “messy middle” of change
- Anchor decisions in conviction rather than external approval
- Maintain clarity and composure in volatile environments

Participants leave with a personal Change Readiness Plan that operationalizes self-management and positions them to drive transformation — not just survive it.

Who Should Attend?

- Executives & senior leaders guiding organizations through transformation
- HR & change management professionals responsible for workforce adaptability
- Managers & team leaders leading teams through shifts in strategy or operations
- Organizations facing mergers, restructuring, or business model evolution

What Participants Receive

1. **Personalized PTi Report** — Individual and team Change Readiness analysis
2. **Change Readiness Toolkit** — Exercises for the Prosperity Trait skills
3. **Custom Action Plan** — Systems and strategies for sustainable adaptability
4. **Case-Based Application** — Practice applying Prosperity Trait® skills to real organizational challenges

What You'll Gain

- A measurable framework for strengthening leadership under pressure
- Practical tools for self-management and team alignment during uncertainty
- A systems-based approach to sustaining momentum and reducing variability
- A foundation for building pressure-ready teams and resilient cultures

Industry Applications

- **Technology:** Leading adaptation during digital acceleration
- **Healthcare & Biotech:** Sustaining performance in regulatory and patient-driven change
- **Financial Services & Fintech:** Navigating market volatility and operational innovation
- **Manufacturing & Supply Chain:** Managing disruption in global operations
- **Professional Services & Consulting:** Pivoting business models and team structures for market relevance

Format & Delivery Options

1. **In-Person & Virtual Workshops** – Hands-on, interactive learning tailored to your organization
2. **Executive Coaching Add-On** – Personalized support for change management leadership

Workshop Modules

Module 1 – Foundations of Change Readiness

Why change starts with self-management, not strategy — and how the four Prosperity Trait® skills form the operational core of adaptability.

Module 2 – Discipline: The Decision to Confront

Using the four Discipline tools to turn belief into consistent execution under pressure.

Module 3 – Goal Orientation Drives Alignment

Maintaining direction through the messy middle, adapting methods without losing purpose, and sustaining momentum with short-term wins.

Module 4 – Self-Confidence Creates Stability

Developing evidence-based confidence that steadies teams, reduces volatility, and reinforces trust during uncertainty.

Module 5 – Mental Toughness Builds System Integrity

Designing structures that hold under stress, tolerate ambiguity, and sustain psychological endurance through long change cycles.

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